



# RTH Martial Arts & Wellness

68 North Stark Highway, Weare, NH 03281 Tel: 603-529-KICK(5425)

rthmartialartsandwellness@hotmail.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Circuit Training 8:30-9:30am
HCS Afterschool Taekwondo 3:05-3:50pm			HMS Afterschool Taekwondo 2:50-4:25pm		Zumba 9:30-10:30am
Little Tigers (3,4,5,6 yr old) 4:45-5:30pm					
Junior Level I Taekwondo 14 y/o or younger 5:30-6:30pm	All Levels All Ages Taekwondo 6:00-7:00pm	Junior Level I Taekwondo 14 y/o or younger 5:30-6:30pm	All Belt Adult 15 y/o or older Taekwondo 6:00-7:00pm		
Hapkido 6:35-7:35pm		Zumba 5:45-6:45pm		Rank Promotion 5:30-7:00pm (held 1x a month)	

### Martial Arts Prices

1x a week Taekwondo or Hapkido Training \$65 a month  
 2x a week Taekwondo Training \$85 a month  
 3x a week Taekwondo Training \$99 a month  
 \$20 a class drop in rate

Schedule effective from January 2018

& subject to change without notice

<http://rthwellness.com>

### Wellness Class Prices

1 class \$20 drop in rate  
 5 class pass \$45 a month  
 10 class pass \$80 a month  
 Unlimited Class Pass \$99 a month